

In our efforts towards providing a safe environment for our customers, NASCAR and NCOAA have partnered to raise awareness regarding the risks of carbon monoxide(CO) poisoning. CO poisoning can occur when using portable generators, vehicles and other combustible equipment.

## What is Carbon Monoxide?



CAN'T BE  
SEEN



CAN'T BE  
SMELLED



CAN'T BE  
HEARD



CAN BE  
STOPPED

- CO is colorless, odorless, and tasteless.
- CO is produced from the burning of fuel sources .
- CO poisoning occurs when you breath fumes from those fuel sources.
- CO poisoning is a leading cause of injuries and deaths each year.
- CO is only detectable with an electronic sensor.
- CO can result in loss of consciousness, long term health effects or death.

## Important facts about CO Poisoning

- CO poisoning is often mistaken for a cold, flu, or hangover so be suspicious if these conditions occur suddenly.
- CO poisoning symptoms worsen with the consumption of alcohol or drugs.
- CO exposure is more dangerous for the elderly, smokers, children, pregnant mothers, and those with underlying health issues.



## Sources of CO and how to be safe around them

Portable and RV generators, motorhomes, cars, trucks, campfires, grills, stoves and portable heaters. For your family and neighbors' health and safety, please be mindful to use equipment safely.

- Maintain a minimum distance of 6' (feet) from all CO sources.
- Ensure that all CO sources are properly vented so CO fumes do not enter yours or your neighbor's, RV or campsite.
- Only use CO generating equipment outside, never in a tent, camper, vehicle or inside your home.
- Consider the wind direction while using CO generating sources.
- We recommend that you have a properly functioning CO detector in or near the areas where sleeping may occur.

## What should you do if you suspect CO poisoning?

- Leave the area immediately and seek fresh air
- Call 911, security, or campground offices
- Seek medical attention immediately

CO detectors are available for purchase at most local home improvement stores

